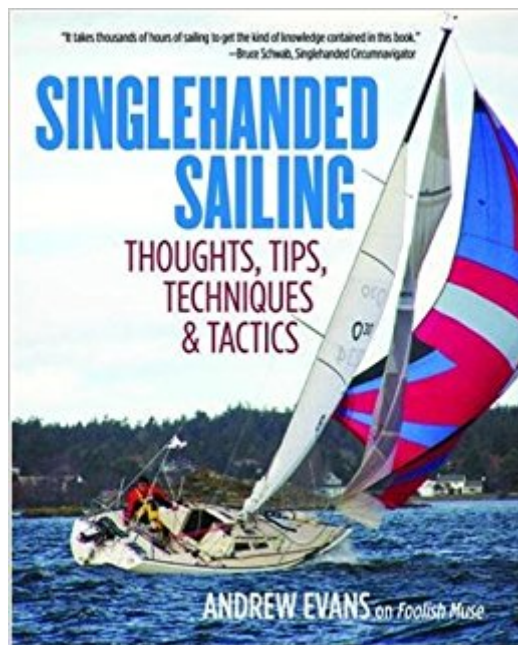




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# Singlehanded Sailing: Thoughts, Tips, Techniques & Tactics (International Marine-RMP)



## Synopsis

"It takes thousands of hours of sailing to get the kind of knowledge contained in this book." -- from the Foreword by Bruce Schwab The ONLY bible for how to sail your boat fast, safe, and alone Solo sailing is within any sailor's grasp with a little forethought--and this essential guide. Got a 35-foot sailboat? No problem. Is the wind blowing 20 knots? No problem. Are you racing offshore overnight? Even better. Singlehander Andrew Evans learned the hard way how to sail and race alone--with lots of mishaps, including broaches and a near tumbling over a waterfall--and in Singlehanded Sailing he shares the techniques, tips, and tactics he has developed to make his solo sailing adventures safe and enriching. Learn everything you need to know to meet any solo challenge, including: Managing the power consumption aboard a boat to feed the electric autopilot Setting and gybing a spinnaker Finding time to sleep Dealing with heavy weather

## Book Information

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## Customer Reviews

Andrew Evans has gone singlehanded sailing more than eight hundred times over the past ten years for a total of 3,500 hours of singlehanded sailing -- a reasonable start. He has never had a bad day on the water. Evans is a lawyer, Chartered Financial Analyst, and president of a small company in the solar power industry.

Page-for-page the best sailing book I've ever read!! I won't restate what others have said. However, I will add that this book would also be helpful for sailors not singlehanded their boats, too. His style

is refreshing; let's face it, anyone who can make sleep an interesting subject is damn good!! Not only do I strongly recommend the book, I also thank the author for putting it out there. Sailors who read this book, I think, will enjoy their boats more and, I suspect, this book will be responsible for saving many readers from injury or worse! A must read!! I'm pleased to be plying some of the same waters as the author & hope our paths will cross some day so I can thank him personally for such a valuable contribution to sailing literature!

I bought this book not because I was planning to sail singlehandedly most of the time but because I thought that some of the techniques might be applicable to the type of sailing I normally do which is predominately just my wife and myself and daysailing and/or short cruises. Unfortunately this book is really dedicated to people who want to do long distance solo cruising. And while some of the material was interesting, it is of little value to anyone who does not fall into this category.

No too bad. A lot of general stories and info from other sailors added in. I just wanted the direct "how to" info so this book had a lot of distraction for me and I only skimmed through half the book that was dedicated to other info and stories not directly related to any "how to" techniques.

Disclaimer: I will never circumnavigate the globe sailing singlehandedly or otherwise. Having said that, I really enjoyed reading how to handle the issues of sailing singlehanded in the non-forgiving seas. The author writes in clear and concise terms, and provides plenty of first-hand accounts from other sailors. Much is to be learned here, even if you're skittish about taking your twenty-two footer out alone for a sail in the afternoon. Highly recommended.

Love the book. Even if you don't single-hand all the time it's a fantastic resource! He writes a lot about racing. Excellent writing about how to raise and lower a spinnaker and/or asymmetrical sail by yourself!!

The book offers an interesting reading, although is oriented to *much* at racing, not so much at cruising. I think that should be emphasized in the book description, otherwise a good read and lots of useful tips

This book is about offshore singlehanded RACING, and as such is written with a view to efficiently and aggressively winning races. That being said, the book contains many thoughts on ways to

improve singlehanding a sailboat no matter the reason one does it. The author also explains WHY he thinks the way he does, so it is left to the reader to evaluate, and possibly improve, on a technique. I learned many tips that I will be trying out on my next sail.

I came to this book from perhaps a different perspective- I am an experienced sailor but have never singlehanded unless you count sailing a laser! I took much of value from this book- both a sense for the realities of distance single handing as I consider if I would ever do it myself and also a range of practical advice that is of value to my fully crewed sailing. All in a book that is enjoyable and written in a manner that doesn't make you feel as if the author takes himself too seriously. Highly recommend

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